## **REGISTRATION FORM**

In this form we request information which is helpful in meeting your needs and those of the resident community. This information is treated as strictly confidential. In trying to accommodate the general lay training programme to the spiritual needs of individuals from different backgrounds, we may sometimes suggest alternatives to the programme applied for.

## Please register at least one week in advance.

An email address or a stamped-addressed envelope is appreciated.

## PLEASE PRINT YOUR DETAILS AS CLEARLY AS POSSIBLE

Name
Address
Postcode Country (if non-UK)
Telephone (land-line)Mobile
E-mail
Date of birth Gender
I am registering for the Introductory Retreat from to
Please arrive between 2.30pm and 5.00pm for Introductory Retreats and make special arrangements with one of the monks from the guest department if this is not possible.
If you would like to be picked up by taxi at Hexham Railway Station on the Friday afternoon at
4.30 p.m., then please tick here and enclose a deposit, non-refundable, for £10.00
(You can pay via internet banking, (Alms Bowl link here), or cheque/postal order made
pavable to 'Throssel Hole Buddhist Abbev').

PLEASE COMPLETE THE OTHER SIDE

Please describe briefly any previous experience you may have had with meditation, religious/spiritual training and psychological techniques.

Have you any medical problems, physical or psychological, we should be aware of while you are at the monastery?

DIET: Alternatives to bread and dairy products are offered at meals, but we cannot necessarily help with more specialized diets and we are not able provide guaranteed no wheat, no gluten food except for coeliacs or those with a serious medical condition. Please let us know on the form if you need particular foods and we will be in touch to let you know if we are able to help.

Please postpone your visit if you have, or have recently been exposed to, an infectious illness (including colds and flu). If you need to cancel your visit, please let us know as soon as possible, even on the day of the retreat. The guest department monks will be glad to help arrange an alternative time to visit for anyone who must cancel for this reason.

## Data Protection Act 1998

This registration form will be kept on our files for the purpose of helping the senior priests of the monastery provide the spiritual advice which is best suited to you. The registration form is only accessible to those monks directly concerned with offering spiritual advice to you. The above also applies to any letters written to monks in the community. For further information on our policy on confidentiality please contact the guest master.

I have read the Throssel Hole Buddhist Abbey 'Guest Information' and I agree to follow the Guidelines for Lay Training listed therein during my visit to the Abbey. I understand that Throssel Hole Buddhist Abbey cannot be held responsible for loss of, or damage to, personal property or accidental physical injury incurred during this or subsequent visits. I agree to allow this registration form and other information I provide to be used according to the Data Protection Act statement above.

If you have any queries or need more information please contact:

Throssel Hole Buddhist Abbey Carrshield HEXHAM NE47 8AL Telephone: +44 (0) 1434 345204 Fax: +44 (0) 1434 345216

E-mail: gd@throssel.org.uk

Please telephone: 9.30am - 11.30am or 2.30pm - 4.30pm.